

## Department of Applied Psychology

### Faculty CV

Name	Faiza Batool
Designation	Lecturer
Education	<ul style="list-style-type: none"><li>• PhD Psychology (In progress) National University of Modern Languages, Islamabad (2022)</li><li>• MS Clinical Psychology, Institute of Clinical Psychology, University of Karachi</li></ul>
Professional Experience	<ol style="list-style-type: none"><li>1. Joining Date: 28<sup>th</sup> Sep 2015 Title: <b>Lecturer</b> Institution: <b>National University of Modern Languages, Islamabad.</b></li><li>2. Joining Date: November 2011 till April 2012 Title: <b>Clinical Psychologist</b><ul style="list-style-type: none"><li>• Institution: <b>Children Cancer Hospital, Karachi</b></li></ul></li></ol>
Research Interests	<ul style="list-style-type: none"><li>• I am interested in exploring pathological behaviors and engage in evidence-based practice to prevent and reduce mental illness.</li><li>• Currently I am engaged in intervention-based study with individuals with chronic illness in my PhD. Intervention is based on third wave CBT “Acceptance and Commitment Therapy”</li></ul>
Publications/Conferences	<ol style="list-style-type: none"><li>1. Fatima &amp; Batool. "Negative affectivity distorts thinking": a multilevel analysis of criminogenic thinking among Pakistani incarcerated offenders. <i>The Journal of Forensic Psychiatry &amp; Psychology</i>. 35: 5. 744-769. <a href="https://doi.org/10.1080/14789949.2024.2376666">https://doi.org/10.1080/14789949.2024.2376666</a></li><li>2. Shakil, Batool, Amreen &amp; Raheel. Unveiling the Digital Peril in Pakistan: Exploring the Pervasive Influence of Cyber-Harassment on the Mental Health Outcomes of Young Adults. <i>Policy Journal of Social Science Revie</i>. 2: 4. 588-600.</li></ol>

	<p>3. Shakil, Munir, Zaman &amp; Batool. Objectified Body Consciousness, Selfitis Behavior, and Self Esteem Among Young Women. <i>Pakistan Journal of Psychological research</i>. 40:1. 63-77.  <a href="https://doi.org/10.33824/PJPR.2025.40.1.05">https://doi.org/10.33824/PJPR.2025.40.1.05</a></p> <p>4. Batool, F., &amp; Mubashir, A. S. (2025). Effectiveness of Acceptance and Commitment Therapy for type 2 Diabetes. A Systematic Review. <i>Pakistan Journal of Medical &amp; Cardiological Review</i>, 4(3), 622-638.</p> <p>5. Batool, F., &amp; Mubashir, A. S. (2025). Psychosocial Determinant of Diabetes Management among Individuals with Type 2 Diabetes: A Focus group discussion. <i>International Journal of Politics &amp; Social Sciences Review (IJPSSR)</i>, 4(IV), 91-99.</p> <p><b>Oral Presentations</b></p> <p><b>1. 30-31 March, 2023 International Conference on Peace building: Policies, Research and strategies, COMSATS Lahore campus</b></p> <p>Shameem Fatima &amp; Faiza Batool</p> <p>Title: Criminogenic Thinking Patterns in Incarcerated Offenders: History of Crime Record, General Mental Ability, and the role of Negative Affect</p> <p><b>2. 22-24 June 2012: Prof. Musarrat Hussain Memorial Symposium, Marriot Hotel, Karachi.</b></p> <p>Faiza Batool &amp; Zaema Riaz</p> <p>Topic: “Difference between working and non-working women on their level of life satisfaction, emotional intelligence and self-esteem”.</p> <p><b>3. 29-30 March 2012 “Violence, Psychological Trauma and possible acute and post-traumatic interventions in general and particularly Pakistani Society” IIUI, Islamabad</b></p> <p>Faiza Batool &amp; Zaema Riaz</p> <p>Topic “Emotional Intelligence as determinant of Subjective well-being and self-esteem among working women”.</p>
Honors/Grants (if any)	<ul style="list-style-type: none"> <li>• N/A</li> </ul>

Workshops/Trainings (if any)	• N/A